

# Colonoscopy Preparation Instructions: Clenpiq Oral Solution Kit

NAME: \_\_\_\_\_

PROCEDURE: Colonoscopy

ENDOSCOPIST: \_\_\_\_\_

DATE OF PROCEDURE: \_\_\_\_\_

FACILITY ARRIVAL TIME: \_\_\_\_\_

**Please note: A \$75.00 cancellation fee will be charged for all procedures cancelled with less than Two (2) business days notice.**

**Please refer to separate KBEC *Patient Instruction Packet* for important procedure, facility and billing information.**

**ADDRESS: Kips Bay Endoscopy Center 535  
Second Avenue  
Between 29<sup>th</sup> and 30<sup>th</sup> Street  
(212) 889-5477**

Further information about Kips Bay Endoscopy Center (KBEC) may be found at:  
[www.kipsbayendo.com](http://www.kipsbayendo.com)

# **Bowel Preparation for Colonoscopy With Clenpiq Oral Solution Kit**

Colonoscopy is a routine, generally safe, pain-free procedure used to examine the colon. These are the steps that you must take before the procedure to ensure the highest level of safety and effectiveness.

1. Make arrangements to have someone drive you home after the procedure. Colonoscopy involves sedation, and you will not be allowed to leave the facility unaccompanied.
2. Follow your physician's instructions regarding medicines to avoid and diet to follow before your procedure.
3. Your body loses significant amounts of fluid during bowel preparation. In order to prevent dehydration, it is important to supplement that fluid loss with clear liquids throughout the day.
4. Clenpiq is a prescription medicine that cleans your colon. Clenpiq is ready for you to drink right from the bottle. It does not need to be mixed or diluted. **DO NOT** refrigerate or freeze Clenpiq.

## COLONOSCOPY PREPARATION WITH CLENPIQ ORAL SOLUTION KIT

Fill your prescription at the pharmacy: **CLENPIQ**

### THE DAY BEFORE YOUR COLONOSCOPY

On the day before your colonoscopy, start hydrating by consuming **ONLY** clear liquids and stop eating all solids foods and dairy. Liquids must **NOT** be red or purple. **DO NOT** consume alcohol, juice pulp, milk, cream, soy or non-dairy creamer, or other liquids you **CAN NOT** see through.

\*Examples of clear liquids include:

- ✓ Water    ✓ Ginger ale, Lemon-lime soda
- ✓ Strained fruit juice without the pulp    ✓ Ice Popsicles
- ✓ Tea without milk or creamer    ✓ Lemonade
- ✓ Clear broth or bouillon    ✓ Sports drink (eg, Gatorade)
- ✓ Clear juices: such as apple or white grape juice    ✓ Plain Jell-O without added fruit or toppings

➤ The following is the schedule for using Clenpiq Oral Solution:

### Evening before your colonoscopy

**Step 1:** Drink one bottle of Clenpiq

**Step 2:** Drink FIVE (5) 8-ounce cups of clear liquids, taken at your own pace, within the next 5 hours



### Morning of your colonoscopy

**Step 3:** Approximately 5 hours before your scheduled appointment: Drink the second bottle of Clenpiq.

**Step 4:** Drink at least THREE (3) 8-ounces cups of clear liquids. Make sure to finish at least 2 hours prior to the scheduled procedure time.



- After prep is completed, please **do not** take anything by mouth until after the colonoscopy is completed.