



Phone: 212-889-5544  
Fax: 212-481-1089  
www.gastro-nyc.com

# Upper Endoscopy Instructions

NAME: \_\_\_\_\_

PROCEDURE: \_\_\_\_\_ Upper Endoscopy (EGD) \_\_\_\_\_

ENDOSCOPIST: \_\_\_\_\_

DATE OF PROCEDURE: \_\_\_\_\_

FACILITY ARRIVAL TIME: \_\_\_\_\_

\*procedure time is subject to change by the procedure center the day prior\*

The center will call you to confirm your appointment 24 hours before your procedure



**ADDRESS:**  
**Lenox Hill Greenwich Village Ambulatory Center**  
**200 W 13<sup>th</sup> St (at 7<sup>th</sup> Ave), 4<sup>th</sup> Floor**  
**New York, NY 10011**  
**(929) 292-3700**

**\*\*Pick-up escort required**



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## PROCEDURE INFORMATION SHEET

An upper endoscopy or EGD (EsophagoGastroDuodenoscopy) involves the insertion of a lighted flexible tube, called an upper endoscope, into the mouth. The tube is guided by direct vision into the esophagus, stomach, and duodenum so that the lining of the upper gastrointestinal tract is visualized. Any area of the lining that appears abnormal may be biopsied; that is, a piece of tissue may be removed for analysis. Areas that are bleeding may be cauterized to stop active bleeding or to prevent future bleeding. An EGD is a generally safe procedure but carries several risks that include, but are not limited to, perforation and bleeding. Serious complications of EGD, such as perforation or bleeding, are rare, but may require hospitalization, blood transfusions, or surgery.

If your upper endoscopy is scheduled for the morning, do not eat or drink anything after midnight.

If your upper endoscopy is scheduled after 1:00pm, you may have a small quantity of clear liquids in the morning until 9:00am.

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- **Risks of sedative medications include, but are not limited to, allergic reactions and respiratory depression. In addition, there are risks that may occur with any surgical or medical procedure.**
- **There can be no guarantees regarding the results of this procedure. Although endoscopic procedures are sensitive for the presence of gastrointestinal abnormalities, there is a risk that significant abnormalities of the gastrointestinal tract may not be detected by this procedure; this is especially true if the preparation of the gastrointestinal tract is not ideal.**

Further information about these procedures can be obtained at the following organization websites:

The American College of Gastroenterology: [www.acg.gi.org/patients](http://www.acg.gi.org/patients)  
The American Society for Gastrointestinal Endoscopy: [www.askasge.org](http://www.askasge.org)

# Your Visit Made Easy With *Valet Services*



## **Location**

200 W 13<sup>th</sup> St  
New York, NY 10011

## **Hours of Operation**

5:30am – 5:00pm

## **Rates**

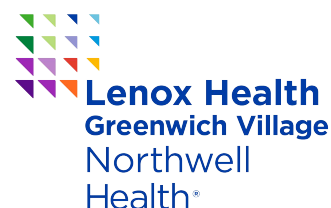
Up to 3 hours - \$25.00  
Up to 6 hours - \$30.00  
Up to 12 hours - \$35.00  
Up to 24 hours - \$45.00

## **Need Assistance?**

(973) 518 - 8090

**Pleased to provide premium valet  
service to make your visit as easy  
and convenient as possible**

# ESCORT INFORMATION



## Outside care providers to take you home after ambulatory surgery

### Medical Chaperone

Phone: 212-472-1954

We are usually able to accommodate last minute coordination of a medical escort the day of surgery as long as we are fully staffed.

**Medical Escorts:** The fee for service in Manhattan weekdays from 14th Street up to 100th Street and from the eastside across to the westside is \$46 with a 2 hour or \$92 minimum. The fee for service in Manhattan weekends, holidays, and weekdays after 8:00pm is \$56 per hour with a 2 hour or \$112 minimum.

The patient is responsible for the taxi/carfare to their destination after discharge.

<https://discreetchaperone.com/>

### Partners In Care (Also Known as VNS Health)

Phone: 1-888-735-8913

We ask that the inquiry be at least 24hr ahead of time, but we will work hard to coordinate day of medical escorts so long as we have approximately 2-3 hours of notice prior to discharge time.

### Medical Escorts: Out of Pocket Cost \$114 | 4 Hours

<https://www.vnshealth.org/home-care/>

### Allure Home Care:

Phone: 646-994-0191

Cost: \$160 dollars for up to 4 hours. Patient is responsible for their own transport. Please provide 24-hour notice as same day service is difficult to accommodate.

<https://allurehomecare.com>

### Access-A-Ride:

Phone: 877-337-2017

Access-A-Ride provides transportation for people with disabilities whose disability prevents their use of accessible mass transit, public bus, or subway service for some or all trips. Access-A-Ride is operated by private carriers under contract to the City.

Please ask for the "Call Out & Assist" Option During Booking

<https://new.mta.info/accessibility/access-a-ride>

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## Preparing for your visit: *Outpatient Endoscopy, Colonoscopy Procedure*



Photo ID



Insurance card/  
form of payment



List of current  
medications and  
dose



**A responsible adult escort to take you home.**  
You will need their phone number, as our staff call them to confirm they will be picking you up

### What To Expect:



Preparation



Arrive



Check-In & Reception



Prepare



Procedure & Recovery



Heading Home

1

Take your medications as directed by your doctor. For questions about bowel prep, consult your referring physician. After midnight before the procedure, avoid eating or drinking, except for medications with a sip of water or bowel prep if needed.

2

Please arrive 1 hour prior to your appointment time. Drop off/pick up location: Lenox Health Greenwich Village 200 W 13th Street New York, NY 10011. Parking information available on page 2

3

Upon entry you will receive an ID badge and be directed to the Endoscopy Suite on the 4<sup>th</sup> floor where you will fill-out paperwork and make a payment, if applicable.

4

Your healthcare team will review your medical history, medications, & prepare you for your procedure  
  
Your physician & Anesthesiologist will explain the procedure and obtain your consent

5

You will then be escorted to the procedure room to begin your procedure  
  
After the procedure, you will receive discharge instructions and the procedure report. You will be brought to the recovery suite

6

When you are ready to go home, you will be discharged & brought to the same entrance where you arrived  
  
Before you go home, you will receive education & instructions  
  
**You will receive a follow-up phone call from one of the nurses within 72 hours.**

## Preparing for your upcoming visit



### Information About Your Procedure\*:

*Estimated Procedure Time: between 30-60 minutes*

1. After your registration and paperwork are complete, the nurse will start an IV, and speak to your anesthesiologist and gastroenterologist
2. The provider, MD, NP, or PA will explain this part of the procedure to you in detail and obtain your written consent.



### The Cost of Your Procedure:

*Understanding your co-pay/co-insurance*

- Please reach out to your insurance company before your procedure to find out about your specific plan.
- Depending on your insurance, you may be responsible for a co-pay, deductible, co-insurance, or out-of-pocket expense.



*Phone # listed on the back of your insurance card*



### Frequently Asked Questions

*Additional questions can be asked during your pre-operative phone call or to your physician*

1. Valet parking is available between 6 am and 5 pm (if you need to pick up your car after 5 pm, you may do so at 101 W 12<sup>th</sup> Street between 6<sup>th</sup> and 7<sup>th</sup> avenues)
2. Please leave valuables home but we will have a locker for any belongings you bring
3. Visitation: 2 support persons are allowed, 1 at the bedside